



LEGEND:
 ✓ Contains Allergen
 † Contain ingredient that may cause sensitivity
 • May Contain/ Prepared in common equipment

Allergens									Sensitivities	
Peanuts	Tree Nuts	Sesame Seed	Milk	Eggs	Fish / Shellfish	Soy	Wheat	Sulphites	Gluten	MSG (Monosodium Glutamate)

FRESCO MENU										
Bean Burrito Fresco			✓				✓	✓		†
Beef Fresco Hard Taco						✓	✓			†
Beef Fresco Soft Taco			✓				✓			†
Chicken Burrito Supreme® Fresco		•	✓	•		✓	✓	✓		†
Chicken Fresco Soft Taco †		•	✓	•		✓	✓			†
Steak Burrito Supreme® Fresco			✓			✓	✓	✓		†
Steak Fresco Soft Taco †			✓			✓	✓	✓		†
TACOS										
Beef Hard Taco			✓			✓	✓			†
Beef Hard Taco Supreme®			✓			✓	✓			†
Beef Soft Taco			✓			✓	✓			†
Beef Soft Taco Supreme®			✓			✓	✓			†
Chicken Soft Taco		•	✓	✓		✓	✓			†
Double Decker® Taco			✓			✓	✓			†
Steak Soft Taco			✓			✓	✓	✓		†
BURRITOS										
7 Layer Burrito®			✓				✓	✓		†
Bean Burrito			✓				✓	✓		†
Beef Burrito Supreme®			✓			✓	✓			†
Cheesy Double Beef Burrito			✓			✓	✓			†
Chicken Burrito Supreme®		•	✓	•		✓	✓			†
Chili Cheese Burrito			✓				✓			†
Steak Burrito Supreme®			✓			✓	✓	✓		†
GORDITAS										
Beef Gordita Supreme			✓			✓	✓			†
Cheesy Gordita Crunch			✓	✓		✓	✓			†
Chicken Gordita Supreme		•	✓	•		✓	✓			†
Steak Gordita Supreme			✓			✓	✓	✓		†
SPECIALTIES										
Chicken Quesadilla		•	✓	✓		✓	✓			†
Crunchwrap Supreme™			✓			✓	✓			†
Fiesta Taco Salad®			✓			✓	✓			†
Fiesta Taco Salad® (without shell)			✓			✓	✓			†
Mexican Pizza			✓			✓	✓			†
Mexi-Melt®			✓			✓	✓			†
Steak Quesadilla			✓	✓		✓	✓	✓		†
VOLCANO MENU										
Volcanao Taco			✓	✓		✓	✓			†
Volcano Double beef Burrito			✓	✓		✓	✓			†
Volcano Crunchwrap			✓	✓		✓	✓			†
SIDES										
Cheesy Fries			✓				✓			†
Chili Cheese Fries			✓				✓			†
Fries†							✓			†
Fries Supreme			✓			✓	✓			†
Nachos & Cheese			✓							
Nacho Supreme			✓			✓	✓			†
DESSERTS										
Caramel Apple Empanada			✓			✓	✓			†
Cinnamon Twists†							✓			†

Soybean Oil is not indicated as an allergen. According to the Food Allergy & Anaphylaxis Network, studies show that most soy-allergic individuals may safely eat most types of soybean oil (www.foodallergy.org). Your doctor can advise you on whether you need to avoid soybean oil.

Important Information: The allergen information is based on standard product formulations and is current as of the updated date below. Variations may occur to differences in suppliers, ingredient substitutions, recipe revisions and/or product preparation at the restaurant. Some menu items may not be available at all restaurants. Limited time offers, test products and regional items have not been included. Customers with allergies and allergy-related questions can contact the Food Allergy and Anaphylaxis Network on the web at www.foodallergy.org or by phone at (800) 929-4040. In some restaurants french fries, fish and/or pork products may be prepared in the same oil. Please discuss with the restaurant if you have concerns about fish and/or pork. **Updated: Nov 2009**